

Pathways to the Future

Peer Assistance Services
OMNI Research &
Training, Inc.



Grant Team

- Key Personnel: Andrej Birjulin, Joel Bennett, Mark Kendall, Deborah Layman, and Bert Singleton
- Partnering Worksites: Mile High, Rocky Mountain, and Southwest Colorado Youth Corps
 - Number/Type of Worksites: 3 Youth Corps programs that employ and train 16 to 24 year olds
 - Worksite Contact: Kelly Causey



Goals

- Promote healthy attitudes and behaviors
- Increase communication between workers
- Increase knowledge of substance abuse protective factors
- Increase peer referral behaviors



Target Population

- 16 to 24 year olds who are high school graduates or dropouts who are not attending college and grew up in poverty-level homes



Implementation History

- Staff from Peer Assistance Services have been trained in the Team Awareness model and are implementing it in Colorado through the Colorado Drug Free Workplace Alliance



Primary Components

- Six group session modules with role plays
- Self assessments
- Communication skill building
- Stress management
- Peer support



Delivery Mechanism

- Youth Corps staff at the three selected sites will receive Team Awareness training to implement with youth in their program



Products

- Board game



Expected Intermediate and Long-Term Outcomes

- Less likely to come to work under the influence of substances
- Decrease in problem drinking behaviors
- More likely to seek assistance with problems
- Increase in coworker encouragement of positive behavior
- Decrease current and future AOD use and abuse

